

# BREAKFAST

SERVED ALL DAY

**DAY MAKER.....\$11**

EGG, CHEDDAR, SMOKED BACON FAT AIOLI, TOMATO HABANERO JAM,  
ARUGULA, SHAVED RED ONION, ON BRIOCHE BUN

**EAT THE EAST [V].....\$11**

EGG, CHEDDAR, MAPLE CURRY AIOLI, ARUGULA, CILANTRO,  
CUMIN ONION CHUTNEY, ON BRIOCHE BUN

**STEAK & EGG SANDWICH.....\$13**

SLOW COOKED STEAK, CARAMELIZED ONION, ARUGULA,  
BLACK TRUFFLE MAYO, CHEDDAR, ON A BRIOCHE BUN

**GRIDDLED BISCUIT [V].....\$8**

HOUSE-MADE MAPLE BISCUIT, GRIDDLED, SIDE OF MAPLE BUTTER & SEASONAL JAM

**AVOCADO TOAST [V].....\$14**

SMASHED AVOCADO, PICKLED RED ONION, EVERYTHING BAGEL SEASONING,  
ON GRIDDLED 7 GRAIN BREAD [ADD FRIED EGG FOR \$3, ADD SALMON FOR \$6]

**MAPLE GRANOLA [V].....\$10**

HOUSE MADE GRANOLA, OATS, PECANS, COCONUT, SEASONAL FRUIT, MAPLE YOGURT

**MUSHROOM TOAST [V].....\$14**

LOCAL MUSHROOM, 7 GRAIN, RICOTTA, ARUGULA, BLACK GARLIC, SUNNY-SIDE EGG

**BREAKFAST SANDWICH.....\$10**

EGG & CHEESE ON 7 GRAIN, CHOICE OF BACON, SAUSAGE, OR IMPOSSIBLE SAUSAGE

**ADD-ON:** SAUSAGE [\$3] - IMPOSSIBLE SAUSAGE [\$3] - BACON [\$4]

# LUNCH

STARTS AT 11AM

## CARMELA'S ITALIAN SUB.....\$16

SMOKED HAM, PISTACHIO MORTADELLA, BANANA PEPPER, MAMA LIL'S PEPPER, BURATTA, RED ONION, ARUGULA, BALSAMIC, ON SESAME HOAGIE

## BANNER EIGHTEEN.....\$16

SHAVED STEAK, ROASTED GREEN BROCCOLI, CARAMALIZED ONION, CHEDDAR, ON SESAME HOAGIE, FINISHED WITH SHAVED PARMIGIANO REGGIANO, SERVED WITH A SIDE OF BONE BROTH DIP

## JERK CHICKEN.....\$16

SLOW COOKED CHICKEN, FRIED PLANTAIN, SPICED MAYO, HAITIAN SLAW, CILANTRO, ON SESAME HOAGIE [SUB TOFU]

## VERMONT.....\$16

ROASTED TURKEY, CABOT CHEDDAR, APPLE CHUTNEY, CRANBERRY MAYO, LETTUCE, RED ONION, ON COUNTRY FRENCH BREAD

## SAGE'S BANH MI SALAD [V].....\$15

MESCLUN MIX, CARROTS, RADISH, CUCUMBER, CILANTRO, CABBAGE, CRUSHED PEANUTS, PEANUT VINAIGRETTE, LIME

## HARVEST KALE SALAD [V].....\$14

LOCAL KALE, CURED AUTUMN VEGETABLES, FARRO, DRIED APRICOT, MULLED CIDER DRESSING

**ADD-ON:** CHICKEN [\$6] - TOFU [\$6] - SALMON [\$6] - BACON [\$4]

# COFFEE

HOT COFFEE.....	\$2.25/2.50
LATTE.....	\$3.50/4.50
CAPPUCCINO.....	\$3.50
MOCHA.....	\$3.75/4.25
ESPRESSO.....	\$2.25
AMERICANO.....	\$2.25
CHAI.....	\$3.50/4.00
HOT TEA.....	\$2.00

ICED COFFEE.....	\$3.00
ICED TEA.....	\$3.00
ICED LATTE.....	\$4.25
ICED MOCHA.....	\$4.25
ICED CHAI.....	\$4.00
COOLER DRINK.....	\$3.00

## ADDITIONS

VERMONT MAPLE SYRUP.....	\$1.00
EXTRA ESPRESSO SHOT.....	\$0.75
HAZELNUT, VANILLA, CARAMEL.....	\$0.50