

BREAKFAST

SERVED ALL DAY

DAY MAKER.....\$11

EGG, CHEDDAR, SMOKED BACON FAT AIOLI, TOMATO HABANERO JAM, ARUGULA, SHAVED RED ONION, ON BRIOCHE BUN

EAT THE EAST [V].....\$11

EGG, CHEDDAR, MAPLE CURRY AIOLI, ARUGULA, CILANTRO, CUMIN ONION CHUTNEY, ON BRIOCHE BUN

STEAK & EGG SANDWICH..\$13

EGG, CHEDDAR, SLOW COOKED STEAK, CARAMELIZED ONION, ARUGULA, BLACK TRUFFLE MAYO, ON A BRIOCHE BUN

GRIDDLED BISCUIT [V].....\$8

HOUSE-MADE MAPLE BISCUIT, GRIDDLED & SERVED WITH A SIDE MAPLE BUTTER & SEASONAL JAM

AVOCADO TOAST [V].....\$14

SMASHED AVOCADO, PICKLED RED ONION, EVERYTHING BAGEL SEASONING, ON GRIDDLED 7 GRAIN BREAD

[ADD FRIED EGG FOR \$3, ADD SALMON FOR \$6]

MAPLE GRANOLA [V].....\$10

HOUSE MADE GRANOLA, OATS, PECANS, COCONUT, SEASONAL FRUIT, MAPLE YOGURT

MUSHROOM TOAST [V].....\$14

LOCAL MUSHROOM, 7 GRAIN, RICOTTA, ARUGULA, BLACK GARLIC, SUNNY-SIDE EGG

BREAKFAST SANDWICH.....\$10

EGG & CHEESE ON 7 GRAIN, WITH YOUR CHOICE OF BACON, SAUSAGE, OR IMPOSSIBLE SAUSAGE

ADD-ON: SAUSAGE [\$3] - IMPOSSIBLE SAUSAGE [\$3] - BACON [\$4]

LUNCH

STARTS AT 11AM

CARMELA'S ITALIAN SUB...\$16

SMOKED HAM, PISTACHIO MORTADELLA, BANANA PEPPER, MAMA LIL'S PEPPER, BURATTA, RED ONION, ARUGULA, BALSAMIC, ON SESAME HOAGIE

BANNER EIGHTEEN.....\$16

SHAVED STEAK, ROASTED BROCCOLI, CARAMALIZED ONION, CHEDDAR, ON SESAME HOAGIE, FINISHED WITH SHAVED PARMIGIANO REGGIANO, SERVED WITH A SIDE OF BONE BROTH DIP

JERK CHICKEN.....\$16

SLOW COOKED CHICKEN, FRIED PLANTAIN, SPICED MAYO, HAITIAN SLAW, CILANTRO, ON SESAME HOAGIE, [SUB TOFU]

VERMONTNER.....\$16

ROASTED TURKEY, CABOT CHEDDAR, APPLE CHUTNEY, CRANBERRY MAYO, LETTUCE, RED ONION, ON COUNTRY FRENCH BREAD

SAGE'S BANH MI SALAD [V]\$15

MESCLUN MIX, CARROTS, RADISH, CUCUMBER, CILANTRO, CABBAGE, CRUSHED PEANUTS, PEANUT VINAIGRETTE, LIME

KALE SALAD [V].....\$14

LOCAL KALE, CURED VEGETABLES, FARRO, DRIED APRICOT, MULLED CIDER DRESSING

ADD-ON: CHICKEN [\$6] - TOFU [\$6] - SALMON [\$6] - BACON [\$4]

COFFEE

HOT COFFEE.....\$2.25/2.50

LATTE.....\$3.50/4.50

CAPPUCCINO.....\$3.50

MOCHA.....\$3.75/4.25

ESPRESSO.....\$2.25

AMERICANO.....\$2.25

CHAI.....\$3.50/4.00

HOT TEA.....\$2.00

ICED COFFEE.....\$3.00

ICED TEA.....\$3.00

ICED LATTE.....\$4.25

ICED MOCHA.....\$4.25

ICED CHAI.....\$4.00

COOLER DRINKS.....\$3.00

ADDITIONS

VERMONT MAPLE SYRUP.....\$1.00

EXTRA ESPRESSO SHOT.....\$0.75

HAZELNUT, VANILLA, CARAMEL.....\$0.50