

SERVED ALL DAY!
BREAKFAST
7:30-3:00

DAY MAKER \$11

egg, cheddar, smoked bacon fat aioli, tomato-habanero jam, arugula, shaved red onion, on brioche bun

EAT THE EAST (v) \$11

egg, cheddar, maple curry aioli, arugula, cilantro, cumin onion chutney, on brioche bun

STEAK & EGG SANDWICH \$13

egg, cheddar, slow cooked steak, caramelized onion, arugula, black truffle mayo, on brioche bun

GRIDDLED BISCUIT (v) \$8

house-made maple biscuit, griddled, side of maple butter & seasonal jam

AVOCADO TOAST (v) \$15

smashed avocado, pickled red onion, on griddled 7 grain bread, everything bagel seasoning (*add fried egg for \$3*)

MAPLE GRANOLA (v) \$10

house made granola, maple yogurt, oats, pecans, coconut, seasonal fruit

MUSHROOM TOAST (v) \$14

local mushrooms, griddled 7 grain bread, ricotta, arugula, black garlic, sunny-side up egg

BREAKFAST SANDWICH \$10

egg & cheese on toasted 7 grain, with your choice of bacon, sausage, or impossible sausage

ADD-ON

bacon, sausage, impossible sausage \$3

(v) = vegetarian

STARTS AT
11 AM!

LUNCH

DINE IN
OR TAKE OUT!

CARMELA'S ITALIAN SUB \$16

smoked ham, pistachio mortadella, banana peppers, mama lil's peppers, burrata, red onion, arugula, balsamic, on sesame hoagie

BANNER EIGHTEEN \$17

shaved steak, roasted green broccoli, caramalized onion, cheddar, on sesame hoagie, shaved parmigiano reggiano, served with a side of bone broth dip

SHAWARMA CHICKEN SUB.....\$16

slow cooked chicken, slaw, garlic white sauce, spicy peri peri sauce, on sesame hoagie (sub mushroom)

VERMONTNER \$16

roasted turkey, cabot cheddar, apple chutney, cranberry mayo, lettuce, red onion, on country french bread

RICE BOWL (v). \$14

wild rice, cucumber, kalamata olives, hummus, red cabbage, zaatar, garlic white sauce, peri peri hot sauce

KALE SALAD (v). \$14

local kale, apricot, cured veggies, lemon poppy vinaigrette, almond

SPRING GREEN SALAD (v) \$14

mesclun mix, cured veggies, hoison vinaigrette, cilantro

ADD-ON

bacon \$3, chicken or tofu\$6

(v) = vegetarian

ALL DAY COFFEE

	small/large
HOT COFFEE	\$2.25/2.5
LATTE	\$4/4.5
CAPPUCCINO	\$4
MOCHA	\$4.5/5
HONEY BEE LATTE	\$4.5/5
ESPRESSO	\$2.25
AMERICANO	\$2.25
CORTADO	\$3
CHAI	\$3.5/4
HOT TEA	\$2
ICED COFFEE	\$3
ICED TEA	\$3
ICED LATTE	\$4
ICED MOCHA	\$4.5
ICED HONEY BEE LATTE	\$4.75
ICED CHAI	\$4
COOLER DRINK	\$3

ADD-ON

VT maple syrup for \$1
vanilla, hazelnut, or caramel for \$0.50