

★
VEGAN OPTIONS
AVAILABLE!

BAKERY

AUGUST FIRST



OPEN DAILY 7:30 AM TO 3 PM



Breakfast

SERVED ALL DAY LONG!

THE DAY MAKER

egg, cheddar, smoked bacon fat aioli,
tomato-habanero jam, arugula,
shaved red onion, on brioche bun, 11

EAT THE EAST (v)

egg, cheddar, maple curry aioli,
arugula, cilantro, cumin onion chutney,
on brioche bun, 11

STEAK & EGG SANDWICH

slow cooked steak, caramelized onion,
arugula, black truffle mayo, cheddar,
on brioche bun, 13

GRIDDLED BISCUIT (v)

house-made maple biscuit, griddled,
side of maple butter & seasonal jam, 8

AVOCADO TOAST (v)

smashed avocado, pickled red onion,
everything bagel seasoning, on griddled
7 grain bread, 15

add fried egg, +3

MAPLE GRANOLA (v)

house made granola, oats, pecans,
coconut, seasonal fruit,
maple yogurt, 10

MUSHROOM TOAST (v)

local mushrooms, 7 grain,
ricotta, arugula, black garlic,
sunny-side egg, 14

BREAKFAST SANDWICHES

egg & cheese on 7 grain (choice of bacon,
sausage, or impossible sausage), 10

ADDITIONS

sausage or impossible sausage, +3
bacon, +3

Lunch

STARTS AT 11 AM

CARMELA'S ITALIAN SUB

smoked ham, pistachio mortadella,
banana peppers, mama lil's peppers,
burrata, red onion, arugula, balsamic,
on sesame hoagie, 16

BANNER EIGHTEEN

shaved steak, roasted broccoli and
peppers, caramelized onion, cheddar,
shaved parmigiano reggiano, on
sesame hoagie, 18

CHICKEN SHAWARMA

slow cooked chicken, lebanese slaw,
garlic white sauce, peri peri sauce,
on sesame hoagie, (sub mushroom for
chicken), 16

VERMONT

roasted turkey, cabot cheddar,
apple chutney, cranberry mayo, lettuce,
red onion, on country french bread, 16

KALE SALAD (v)

lacinato kale, roasted squash, apple,
maple pecans, Vermont Creamery
Chèvre, dried cranberry, butternut
vinaigrette, 14

RICE BOWL (v)

wild rice, cucumber, olives, hummus,
lebanese slaw, zaatar, garlic white
sauce, peri peri hot sauce 14

ADDITIONS

chicken or tofu, +6
bacon, +3

149 S. CHAMPLAIN ST
BURLINGTON, VT

AUGUSTFIRSTVT.COM

Coffee

HOT COFFEE..... 2.75/3.25

LATTE 4/4.75

CAPPUCCINO 4

MOCHA 5/5.75

HONEY BEE LATTE... 4.75/5.50

ESPRESSO..... 3

AMERICANO 3

CORTADO..... 3

CHAI 4/4.75

HOT TEA 3

ICED COFFEE..... 3

ICED TEA..... 3

ICED LATTE..... 4.50

ICED HONEY BEE LATTE..... 5

ICED MOCHA 5

ICED CHAI..... 5

COOLER DRINK 3

ADDITIONS

VT maple syrup, +1
extra espresso shot, +1.50
hazelnut, vanilla, or caramel syrup, +0.5

DINE IN



TAKE OUT

